

Spring Menu
March, April and May

Week 2

| | Monday | Tuesday | Wednesday | Thursday | Friday |
|------------------------|---|--|---|---|--|
| Morning Snack | Rice cake and pear slices | Breadstick and pineapple cubes | Buttered fruit bread and orange segments | Oat cake and slices of apple | Melba Toast and grapes |
| Main | Spring vegetable and lentil cottage pie with broccoli | Creamy turkey and leek pastry topped pie, new potatoes and green beans | Spaghetti with a smoked salmon, crème fraiche sauce and sweetcorn | Beef lasagne with garlic bread and a green salad | Thai chicken curry with rice and poppadum's |
| Dessert | Rice pudding with apricots | Peaches and custard | Fruit salad with cranberry juice | Semolina and fruit coulis | Apple crumble and evaporated milk |
| Afternoon Snack | Oat cake and banana slices | Ginger biscuit with slices of apple | Rice cake and watermelon chunks | Multigrain cracker and grapes | Buttered crackers with soft cheese and pear slices |
| High Tea | Vegetable chilli and rice with guacamole | Jacket potatoes with tuna mayo and mixed salad | Homemade pea and ham soup with bread and butter | Bean and vegetable enchilada served with a sour cream dip | Bean burger in a roll with ketchup and homemade coleslaw |
| Dessert | Peach crumble with cream | Fruit coulis and ice cream | Very berry jelly | Fruit Yogurt | Fresh fruit salad |