

**Spring Menu**  
March, April and May

**Week 1**

	<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
<b>Morning Snack</b>	Bread stick and Grapes	Oat cake and melon pieces	Rice cake and a banana slice	Buttered cracker and cheese spread with pear slices	Fruit loaf and sliced apple
<b>Main</b>	Sweet and sour chicken with noodles and stir fried vegetables	Fish curry with Bombay potatoes and red onion, coriander and tomato salad	Pork and apple casserole with creamy mash potato, broccoli and red cabbage	Bacon and chilli pasta with mixed salad, French dressing and home made garlic bread	Veggie packed savoury rice
<b>Dessert</b>	Rice pudding	Stewed fruit with vanilla sauce	Fresh fruit salad with cranberry juice	Carrot cake and custard	Peaches and natural yogurt
<b>Afternoon Snack</b>	Rice cake with apple slices	Fruit loaf and pear slices	Marmite cracker with grapes	Breadsticks and orange segments	Oat cake with pineapple cubes
<b>High Tea</b>	Savoury mince, ratatouille and new potatoes	Bean and vegetable enchilada served with a sour cream dip	Tomato and basil soup with crusty bread	Homemade tuna cakes with baked beans and wedges	Cheesy courgette macaroni and grilled tomatoes
<b>Dessert</b>	Peaches with mixed berry sauce	Pineapple and ice-cream	Semolina pudding and banana slices	Natural yogurt and fruit coulis	Fruit crumble with evaporated milk