

Summer Menu
June, July and August

Week 3

	Monday	Tuesday	Wednesday	Thursday	Friday
Morning Snack	Rich tea biscuit with watermelon	Homemade cheese straw and melon slices	Buttered fruit loaf and sliced pears	Bread stick and orange segments	Cracker with cheese spread and grapes
Main	Pork, leek and mustard casserole new potatoes with green beans	Roast chicken, roast potatoes, cabbage, carrots, cauliflower stuffing and gravy	Salmon and sweet potato topping with peas and sweetcorn	Mozzarella and tomato pasta bake with mixed salad	Beef chow mien with egg noodles
Dessert	Ice cream topped with peach coulis	Homemade cake with cream	Rice pudding with sultanas	Homemade fruit flapjack and crème fraiche	Banana and custard
Afternoon Snack	Fruit loaf with fresh fruit	Rice cake with fresh fruit	Multigrain cracker with fresh fruit	Oat cake with fresh fruit	Breadstick with fresh fruit
High Tea	Bagels with cheese spread and carrot and cucumber sticks	Baked beans on toast	Cheese and tomato pizza with coleslaw	Tiger wedges with dips	Various filled sandwiches with fresh fruit