

Summer Menu
June, July and August

Week 2

	Monday	Tuesday	Wednesday	Thursday	Friday
Morning Snack	Crackerbread and pineapple cubes	Breadsticks and melon slices	Rice cake banana slices	Cracker with cheese spread and apple and pear slices	Fruit bread and orange segments
Main	Smoked salmon and crème fraiche spaghetti with peas and sweetcorn	Chicken, ham and leek pie with mash potato, green beans and gravy	Turkey and vegetable curry with rice	Beef and vegetable casserole with crusty bread	Spicy bean and vegetable casserole with new potatoes
Dessert	Fruit yogurt and oat crunch	Homemade cake and custard	Selection of fruit jellies	Tinned peaches	Homemade cake and custard
Afternoon Snack	Oat cake with fresh fruit	Multigrain biscuit with fresh fruit	Buttered cracker with fresh fruit	Rice cake with fresh fruit	Breadstick with fresh fruit
High Tea	Baked beans on toast	Tomato and basil soup with a buttered roll	Various filled sandwiches	Pitta bread with dips and crudities	Crumpets and fresh fruit