

Summer Menu
June, July and August

Week 1

	Monday	Tuesday	Wednesday	Thursday	Friday
Morning Snack	Buttered crackerbread and banana slices	Rice cake and red and green grapes	Cracker with marmite and melon slices	Oat cake and apple slices	Home made cheese scones and orange segments
Main	Macaroni with red Leicester and cheddar cheese, French bread and salad	Cod & chorizo stew with rice	Cottage pie with French beans, cauliflower, and gravy	Tuna pasta bake	Sweet and sour pork with noodles, peas and sweet corn
Dessert	Peaches and cream	Jelly	Semolina and sultanas	Home made cake with custard	Coulis and ice-cream
Afternoon Snack	Rice cake with fresh fruit	Buttered fruit loaf with fresh fruit	Oat cake with fresh fruit	Multigrain biscuit with fresh fruit	Buttered cracker with fresh fruit
High Tea	Various filled sandwiches with pepper slices	Homemade tomato and vegetable pizza with crunchy homemade coleslaw	Chicken and vegetable couscous salad	Baked beans on toast	Various filled rolls with cherry tomatoes and cucumber batons