

**Summer Menu**  
June, July and August

**Week 3**

	<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
<b>Morning Snack</b>	Crackers with cheese spread and banana circles	Oat cake and melon slices	Buttered fruit loaf and sliced pears	Bread stick and orange segments	Rice cake and grapes
<b>Main</b>	Pork, leek and mustard casserole new potatoes with green beans	Roast chicken, roast potatoes, curly kale, carrots, cauliflower stuffing and gravy	Salmon and sweet potato topping with peas and sweetcorn	Mozzerella and tomato pasta bake with mixed salad	Beef chow mein with egg fried rice
<b>Dessert</b>	Ice cream topped with mango coulis	Summer berry sponge with cream	Cinnamon rice pudding	Homemade fruit flapjack and crème fraiche	Banana and custard
<b>Afternoon Snack</b>	Fruit scone	Crackerbread with cottage cheese and pineapple	Cucumber and carrot batons with homemade sour cream and chive dip	Hot buttered crumpet and melon	Marmite or cheese spread with cucumber circles
<b>High Tea</b>	Herby pasta bake	Tomato and basil muffins with roasted butternut cubes	Homemade cheese burgers in a bun, ketchup and crunchy coleslaw	Tiger wedges with salsa and melted cheese	Various filled sandwiches with fresh fruit