

**Summer Menu**  
June, July and August

**Week 2**

|                        | <b>Monday</b>  | <b>Tuesday</b>  | <b>Wednesday</b>   | <b>Thursday</b>                                      | <b>Friday</b>  |
|------------------------|--|---|--|--|--|
| <b>Morning Snack</b>   | Oat cake and pineapple cubes                                 | Buttered melba toast and orange segments                            | Rice cake banana slices  | Cracker with cheese spread and apple and pear slices | Bread stick and melon slices                         |
| <b>Main</b>            | Mediterranean fish and vegetable stew with garlic toasts     | Chicken supreme on tagliatelli with broccoli                        | Roast pork, roast potatoes, peas, cauliflower, swede and onion gravy | Beef and vegetable chow mein with egg fried rice     | Spicy bean and vegetable casserole with new potatoes |
| <b>Dessert</b>         | Fruit yogurt and oat crunch                                  | Homemade jam tart and vanilla sauce                                 | Selection of fruit jellies   | Blancmange and tinned peaches                        | Home made banana bun and custard                     |
| <b>Afternoon Snack</b> | Warmed pitta bread with humus and avocado dips and crudities | Smoked mackerel and apple pate with curried bread and celery sticks | Cheese scone with apple slices                                       | Herby vegetable cake with pear slices                | Buttered crumpet and grapes                          |
| <b>High Tea</b>        | Jacket potato with spaghetti hoops and satsuma segments      | Spring vegetable soup and buttered roll                             | Three cheese macaroni cheese with grilled tomatoes                   | Bean and vegetable enchilada with sour cream         | Various filled rolls with vegetable crisps           |